

Wellness Steering Committee Meeting

Rib Lake School Boardroom
1236 Kennedy Street, Rib Lake, WI 54470
Wednesday, March 18, 2020 at 1:00 pm

1. Committee Membership/Roles (*page 5 of 458-Rule*)

The Wellness Steering Committee is a formal committee that shall consist of not more than 13 members and that shall be chaired by the District Administrator. The committee's primary charge is to be involved in the periodic assessment, review, and updating of this Wellness Plan, with a particular emphasis on recommending steps to improve District-wide knowledge of and compliance with the Plan and on recommending possible changes to the Plan (e.g., new or revised goals).

2. Review/Update Rib Lake School Wellness Policy

- a. Review Wellness Plan Goals
 - i. Physical Activity Goals
 - ii. Nutrition Education Goals
 - iii. Nutrition Promotion Goals
 - iv. Goals for Other School-Based Activities that Promote Student Wellness
- b. Review Standards and Nutrition Guidelines for Foods and Beverages Available to Students
- c. Marketing of Food and Beverages

3. Pandemic Draft Plan

4. Staff Wellness Challenge (time permitting)

- a. 2019 Fall Fitness Challenge Summary